Do you experience back or leg pain when you stand or walk?

You may be a candidate for a new treatment option for lumbar spinal stenosis.

Track your symptoms & schedule a consultation with your doctor to see if you are a candidate for mild®.

When I stand or walk I experience:

- [ ] pain
- [ ] weakness
- [ ] numbness
- [ ] tingling

I can stand

for _____________ minutes before I need to rest.

I can walk

for _____________ minutes before I need to rest.

- [ ] Yes
- [ ] No

My discomfort/pain is relieved when I sit or bend forward.

To learn more and to hear from patients like you, visit www.mildprocedure.com/moreinfo
About *mild®*

*mild* is a safe, outpatient procedure that relieves pressure in your spinal canal by removing excess ligament tissue.

- No implants
- No general anesthesia
- No stitches
- Resume light activities within a few days
- Covered by Medicare nationwide

**Long-Term Results With Extremely Low Complication Risk**

- Proven to be as safe as an injection
- Over 20,000 patients treated to date
- Clinical data has shown a 7X increase in standing time and a 16X increase in walking distance

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The complication rate for the *mild®* procedure is low. As with most surgical procedures, serious adverse events can occur. This procedure is not for everyone. Physicians should discuss potential risks with patients. For complete information regarding indications for use, warnings, precautions, and methods of use, please reference the devices’ Instructions for Use at www.Vertosmed.com.

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www.Vertosmed.com